What can I say to myself?

Instead of ...	Try thinking ...
I'm not good at this.	What am I missing?
I'm awesome at this.	I'm on the right track!
I give up.	I'll try some of the strategies we learned.
This is too hard.	This may take some time and effort.
I can't make this any better.	I can always improve, so I'll keep trying.
I just can't do math/science/art/English.	I will train my brain to do math/science/art/English.
I made a mistake	Mistakes help me to learn better.
They're so smart. I will never be that smart.	I'm going to figure out how they do it!
It's good enough.	Is it my best work?
Plan A didn't work.	Good thing the alphabet has 25 more letters!